

November 2017

Cedarwood Lunch

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| | | 1 | 2 | 3 |
| | | <ul style="list-style-type: none"> • Chicken and Cheese Tamale • Chicken Patty Sandwich • Green Garden Salad • Garlic Butter Croutons • Corn • Applesauce Cup | <ul style="list-style-type: none"> • Mac and Cheese with Ham • Crispy Chicken Drumstick • Soft Wheat Roll • CA Veg Blend • Green Beans • Frozen Juice Cup | <ul style="list-style-type: none"> • Pizza Bistro Box • Homestyle Chicken Strips • Choice of sauce: Low Sodium Ketchup or BBQ • Baby Carrots • Chili Beans • Raisels |
| 6 | 7 | 8 | 9 | 10 |
| <ul style="list-style-type: none"> • Chicken Taquitos • Soft Pretzel • Cheese Sauce Cup • Fresh Salsa • Corn • Blue Raspberry 100% Juice Slush | <ul style="list-style-type: none"> • Bunless Burger • Homestyle Chicken Strips • Choice of sauce: Low Sodium Ketchup or BBQ • Soft Wheat Roll • Baked Beans. • Sweet Potato Fries • Raisels | <ul style="list-style-type: none"> • Cheese Filled Bread Sticks w/ Marinara • Chicken Patty Sandwich • Green Garden Salad • Garlic Butter Croutons • Green Beans • Fresh Apple | <ul style="list-style-type: none"> • Orange Chicken Rice Bowl • Pepperoni Calzonettes • Corn • Baby Carrots • Watermelon Sour Juice Cup | No School |
| 13 | 14 | 15 | 16 | 17 |
| <ul style="list-style-type: none"> • Mini French Toast • Sausage Breakfast Pizza • Strawberry Yogurt • Baby Carrots • Hash Browns • Low Sodium Ketchup | <ul style="list-style-type: none"> • Turkey & Ham Deli Sandwich • Homestyle Chicken Strips • Choice of sauce: Low Sodium Ketchup or BBQ • Corn • Green Beans • Fresh Apple | <ul style="list-style-type: none"> • Pepperoni Pizza Pocket • Chicken Patty Sandwich • Green Garden Salad • Garlic Butter Croutons • Baby Carrots • Sliced Pears | <ul style="list-style-type: none"> • Turkey Gravy • Crispy Chicken Drumstick • Soft Wheat Roll • Mashed Potatoes • Green Beans • Mandarin Oranges • Holiday Cookie | <ul style="list-style-type: none"> • Cheeseburger • Corn Dog • Sweet Potato Fries • Home style Baked Beans • California Raisins |
| 20 | 21 | 22 | 23 | 24 |
| No School | No School | No School | No School | No School |
| 27 | 28 | 29 | 30 | |
| <ul style="list-style-type: none"> • Beef Taquitos • Soft Pretzel • Cheese Sauce Cup • Fresh Salsa • Corn • Watermelon Sour Juice Cup | <ul style="list-style-type: none"> • Orange Chicken Rice Bowl • Chicken and Cheese Tamale • CA Veg Blend • Baby Carrots • Banana | <ul style="list-style-type: none"> • Bean and Cheese Burrito • Chicken Patty Sandwich • Green Garden Salad • Garlic Butter Croutons • Green Beans • Sliced Pears | <ul style="list-style-type: none"> • Chicken Alfredo • Homestyle Chicken Strips • Choice of sauce: Low Sodium Ketchup or BBQ • Soft Wheat Roll • Baby Carrots • Corn • Kiwi Strawberry 100% Juice Slush | |

Fresh Fruit Options :Banana , Fresh Apple , Fresh Nectarines , Fresh Peaches , Peach Cup , Strawberry Cup , California Raisins , Raisels , Applesauce Cup , Sliced Pears , Fresh Strawberries , Frozen Juice Cup , Kiwi , Apples, Sliced , Pineapple , Watermelon

Fruits:Banana , Frozen Juice Cup , California Raisins , Fresh Nectarines , Sliced Pears , Fresh Peaches , Fresh Apple , Strawberry Cup , Peach Cup , Watermelon , Pineapple , Cantaloupe , Honeydew , Grapes , Peaches, Sliced , Apples, Sliced , Large Pear , Half of large pear

Milk Choices Available Daily:1% White Milk , Chocolate Milk

Milk Choices Also Available Tues/Thurs:Vanilla Milk

More Details: <http://cusd.nutrislice.com/menu/cedarwood/lunch/>
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